## Instructions for Participants in a Small Group (10 or fewer people) – Outdoors Only All Saints Church Pasadena

In the midst of the COVID-19 pandemic, small groups must take steps to reduce the risk of an outbreak from occurring among participants. All Saints Church requires that all persons who choose to participate in a small group follow these guidelines from the CDC and the Pasadena Department of Public Health:

## **Before You Arrive**

**Please <u>do not</u> visit your small group** if you are currently or have experienced any of the following symptoms in the last 14 days:

- Fever over 100.4°F (38°C)
- Shortness of breath or difficulty breathing
- Chills or repeated shaking with chills
- Sore throat
- Headache
- Fatigue
- New loss of sense of taste or smell
- Muscle aches or pains
- Cough
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**Please <u>do not</u> visit your small group** if you have been in close contact with someone who has COVID-19 or is experiencing any of the COVID-19 symptoms above

Please do bring a face covering and wash your hands with soap and water









## **When You Arrive**

**Please wear a cloth mask or other face covering** over your nose and mouth at all times (except children two years old or younger)

**Please refrain from smoking. Please do not share food and drinks** except with members of your household

**Please maintain a physical distance** of six feet between yourself and others (parties from the same household may remain together; children must stay with adults at all times)

**Please wash hand or use hand sanitizer** to keep hands clean. **Please wipe** down surfaces in bathroom (if available) after use

**Please do not share items** such as service liturgies with group members who are not from your household