



Sunday Morning Live

Faith, Formation & Fellowship

Join us on Sunday mornings in the **Guild Room at 9:00 a.m.** as we gather for inspiration, formation and fellowship. All are welcome for this opportunity to connect, reflect and explore together. In person or online. For more information, contact Ana Camacho at acamacho@allsaints-pas.org



September 29 | Passing on the Kindness

with Ida Puliwa & Don Thomas

In response to an act of kindness by a stranger, Malawi visionary Ida Puliwa started a grass roots, sustainable, multi-village organization -- despite the opposition of the male leaders. Now, over 6,700 dues-paying village volunteers help one another with their crops while feeding the elderly and the orphans and empowering girls. In conversation with Don Thomas and Thomas Diaz, Ida will share her remarkable story of the power of kindness as an agent of change.



October 6 | Make us Instruments of Your Peace:

The Prayer of St. Francis *with Thomas Diaz*

We begin our four part "Prayers FOR the People" election cycle series with reflections on the life, work and prayers of St. Francis of Assisi.



October 13 | Open Unto Me: Prayers by Howard Thurman

with Mark Chase

Mark Chase leads an exploration and experience of the prayers of author, philosopher, theologian, mystic, educator, and civil rights leader Howard Thurman.



October 20 | The Serenity Prayer *with Lori Kizzia*

Former ASC Director of Peace & Justice and LCSW Lori Kizzia leads a reflection on the gifts of prayer and mindfulness as we strive for serenity in times of chaos and polarization.



October 27 | Prayers for Our Country

from The Book of Common Prayer *with Alfredo Feregrino*

Join Alfredo Feregrino as we plumb the depths of the resources available for prayer and reflection in our Episcopal Book of Common Prayer in these final days of the election cycle.



November 3 | For All the Saints *with Susan Russell*

As we celebrate All Saints Sunday we will explore the many facets of sainthood: its history in the wider church in general and in the Episcopal tradition in specific as well as how we continue to add to the saints in our church calendar of Lesser Feasts & Fasts in our current day.