# Spiritual & Personal Healing

# 1-on-1 Healing

#### **Community Care Alliance**

Pastoral care is available to all who need support during difficult times like the loss of a loved one, illness, or any other challenge.

#### Email:

CCA@ALLSAINTS-PAS. ORG

#### Healing at the Rail

Every Sunday during communion all people are welcome to come to the rail in the baptistery or Chapel for a personalized prayer. Prayers are offered by ordained and lay ministeres at the 10:00 AM Service.

#### Ashley Hengst

**AHFNGST@** ALLSAINTS-PAS.ORG

(626) 583-2765

#### **Healing Partners**

Individual healing sessions, rooted in the Anglican tradition of the ancient sacrament of healing, utilize a combination of relaxation, gentle touch, and prayer to promote wholeness of body, mind, and spirit.

#### Ashley Hengst

**AHENGSTA** ALL SAINTS-PAS ORG

(626) 583-2765

## Lay Counseling

Short term counseling offered by the All Saints Church Lay Counseling Ministry. The ministers are volunteer lay counselors trained to assist persons undergoing situational and emotional difficulties.

#### Confidential Message Line:

(626) 583-2706

## **Spiritual Direction**

Spiritual Direction is a way of sharing the sacred journey of our lives with another person. A trained spiritual guide can assist you STACIKENNELLY@ in developing a deeper relationship with God, and in helping you YAHOO.COM to discern the ways in which God is leading you.

# Staci Kennelly:

# Spiritual & Personal Healing

#### **Cancer Support Group**

A support group for those facing the challenges of living with cancer or caring for those who are.

#### Circle of Life

The Circle of Life is a support group for those living with the declining health of someone they love.

#### **Grief and Loss Support Group**

A facilitated discussion group for anyone experiencing grief, whether through death, divorce or any form of loss.

#### **Healing of Memories**

Sharing one's unique story to move towards emotional healing and grace. An experiential process of deep listening, reflection, and creativity. Seminars offered periodically.

### **Prayer Shawl Ministry**

This knitting and crocheting circle makes shawls for those in a need.

## **Seeking Healthy Faith**

Monthly support group to explore harmful, toxic, or injurious religious experiences and develop new and healthier ways of understanding ourselves and God/Spirit.

FOR MORE INFORMATION OR TO REGISTER FOR A PROGRAM, PLEASE CONTACT

#### **Ashley Hengst**

AHENGST@ ALLSAINTS-PAS.ORG

(626) 583-2765